

Proclamation

##HEREAS, more than 14,000 Oregonians are currently living with the long-term effects of a brain injury; and

##HEREAS, falls are a leading cause of brain-related injuries in Oregon; they can also be the result of childhood trauma, motor vehicle crashes, assaults, sports-related injuries, occupational-related injuries, war-related injuries, drug use or opioid overdoses; and

WHEREAS, Oregon has at least 1.3 million active military personnel and more than 259,000 veterans residing in the state; and

HEREAS, an estimated 1.6 to 3.8 million sports and recreational mild traumatic brain injuries, often called concussions, occur in the United States per year during competitive sports and recreational activities; and traumatic brain injury has been the signature injury of war, presenting new challenges for members of the military and their families in the state; and

##HEREAS, 30 percent of sports-related injuries happen among youth five and 19 years of age, and, because the signs of brain injury are not always well recognized, youth may put themselves at risk for another injury and potentially fatal second-impact syndrome; and

HEREAS, there are a large number of mild and moderate traumatic brain injuries that go undiagnosed or untreated; and

WHEREAS, early and adequate intervention, especially cognitive rehabilitation, will greatly increase the quality of life and enable individuals with brain injury to return to home, school, work, or their communities; and

WHEREAS, March has been designated as National Brain Injury Awareness Month to promote awareness of the extent, consequences, causes, treatments, and prevention of acquired brain injuries; and

##HEREAS, the Brain Injury Association of America and Brain Injury Alliance of Oregon are dedicated to raising awareness of brain injury;

POW THEREFORE I, Joe Benetti, Mayor of the City of Coos Bay, and on behalf of the City Council, do hereby proclaim the month of March 2023 as

Brain Injury Awareness Month

in the City of Coos Bay, and commend its observance to all citizens.

